



# Stay at home program plan

## Toddler

### Typical daily schedule

- 7:30-Planned Program Activities/Child Initiated Activities
- 9:00- Morning Snack!
- Outdoor/ active play
- 11:00 Circle Time; sing songs, puppets stories, stretching routine
- 11:30-Lunch
- 12:00-Rest Time
- Planned Program Activities/Child Initiated Activities; arts & cognitive activities
- 3:00-Snack
- 3:30-Outdoor/ active play
- 4:30 Group/circle time; reading stories, dancing to music, stories with props
- Planned Program Activities/Child Initiated Activities.

### Songs we love

- We sing a variety of songs throughout the day, during free play, transitions etc. Many versions of the songs we use can be found on YouTube and Spotify for you to easily find the right tune/melody to sing to! We love pretty much anything Michael Anderson (Michael and Jello on Spotify)! Super Simple Songs has some great ones as well and in the toddler room we have requests to listen to songs from the Pink FongAnimal Songs album (yes, Baby Shark is on there, feel free to skip! Haha) Here are some of the songs we sing on rotation during circle time!

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- **Slippery Fish**
  - <https://youtu.be/KXfTXCIXIq8> As you name each animal we make the shake or movement of it. Slippery fish, two hands together like a swimming fish. Octopus, wiggle your arms. Tuna fish, same hands as slippery fish but have them jump through the “water”. Great white shark, hands together on top of head like a shark fin. Humongous whale, make the motion of water spouting from the top of your head! If you have toy fishies these would be great to add to the singing of this!
  - **Hurry Hurry Drive the Firetruck**
  - <https://youtu.be/QLTU6Ac8PhE> This video shows the exact actions we do for this song! It’s a crowd pleaser for sure! :)
  - **The Bear Went Over the Mountain**
  - <https://youtu.be/KCLjdL8g-8s> We have a bear puppet we use to sing this with but you could use a teddy!
  - **Baa Baa Black Sheep** \*we like to sing this one fast! We sit on our bottoms, cross-legged and pat our knees. Sometimes when we sing it really fast we shake our heads and get silly!
  - **Head and Shoulders** (French/English) We usually sing this in English first with the actions, followed right after by the French version! Head: Tête, Shoulders: Épaules, Knees: Genoux, Toes: Pieds(feet), Eyes: Yeux, Ears: Oreilles, Mouth: Bouche and Nose: Nez
  - **Sleeping Bunnies**
  - <https://youtu.be/SsR-TZW58O4> Start by saying “goodnight little bunny!”and having your child lay down on the floor. When it says wake up, it’s time to get up and hop and move around! We usually keep singing this with different animals, your child may ask to sing it with “crocodile, frogs, even fire trucks”. Modifications would include “wake up little crocodiles and snap snap snap, wake up little frogs and jump jump jump, wake up little fire trucks and Weeoo-Weeoo”
  - **Sticky,Sticky,Sticky Bubble Gum**
  - <https://youtu.be/QgXVvp3Yrvs> This is Michaels version from his CD so it’s longer than the one we sing but same melody! Instead we would say “sticking on to my mouth(hands over mouth)..one..two..three..pop!” And then repeat with each body part in the song!

- **Little Red Wagon**
- <https://youtu.be/c3F4m3idaa8> after the broken axel verse we ask “who’s going to fix it?” Then follow with \*childs name\* will fix it with their hammer etc.
- **The Family Song** (use family photos to enhance the song!) “I know a mommy her name is \_\_\_\_ I know a daddy his name is \_\_\_\_ I know a baby their name is \_\_\_\_ I know a cat their name is \_\_\_\_ and that is \*childs name’s family! Add as many members of your family as you’d like! We sing this song roughly to the tune of “little red wagon”
- **La Lechuza**
- <https://youtu.be/CoqTMFENkbo> This one is great for quiet time! There are no actions except for putting your finger to your lips when the owl says “shh”! Many of the children know the words already!

## Activities we love

Many of the activities and learning experiences we plan throughout the day can be easily done at home with your little one! You can modify them to suit what materials you have at home and how messy you’re willing to get! The bathtub or backyard is a great place to take messy play!

Here are some of our favourite activities!

- **Homemade Playdough:** Here’s a good recipe for homemade play dough you can make at home. 1.5 cups of flour, ½ cup of salt, 2 tsp cream of tartar (optional), 2 tbsp oil of choice, 1 cup boiling water, food colouring (optional). Mix all dry ingredients and oil then slowly add boiling water and mix mix mix. Before adding extra flour, keep mixing, sometimes it takes a while for it to really come together and if it’s too dry it is super crumbly! Add spoons, cookie cutters, plastic easy to clean toys to extend their play!
- **Paper Towel Roll Ball Run:** tape paper rolls to your wall (indoors or outside) and let children drop pompoms, balls down exploring Cause and Effect.
- **Building towers with Duplo:** Add these to the bath for a different building experience
- **Drawing:** Let them explore all different drawing materials with supervision. Pens, pencils, Crayons, markers.

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- **Free the Figurines:** Fill container with water and add different small toys/figurines. Let it freeze overnight and then allow your child to try and free the figures by pouring warm water, salt, or using utensils to break through the ice!
  - **Mess Free Sensory Bags:** Fill ziploc/reusable clear sealable bags with different materials for your child to explore. Make sure you tape the sealed side down onto the table so they can't be opened. Some ideas of what to fill them with include 2 colours of paint, shaving cream, body wash and food colouring, water and glitter.
  - **DIY Water Table Ideas:** you can do these in a large shallow bin or right in the bath! Food colouring add to their curiosity of watching the water move through containers but isn't necessary! Different themes to use include:
    - Making Soup: add play vegetables, spoons, bowls, pots etc.
    - Babydoll/Car wash: add soapy water, sponges and babies or cars
    - Basic Water Play: add scoops, clear cups(poke holes in the bottom for raining cups), funnels, etc. You could add ice cubes and you fish too!
  - We like to use real and recycled materials in the room to extend children's learning of ideas such as containment. For example we have an activity we do where we use small recycled boxes (from creams, makeup products, toothpaste, or any smaller cardboard box) and fill them with pompoms. We lay some pompoms out on the table and fill some in the boxes already. The children use their fine motor skills and curiosity to explore containment to open/close and fill/empty the boxes. If your child's fine motor skills are more advanced you may want to add tweezers, small tongs to the activity.
  - **Mactac or Contact Paper play:** Tape down contact paper sticky side up onto a table or wall. Offer your child felt pieces, fabric scraps, or paper scraps to stick onto the surface!

